

Backpacking Adventure Week Packing List

Please remember you will be carrying all your stuff you want with you on the trail. You will not have to carry everything you bring. You are welcome to leave any gear or things you may want once we are done hiking here at Whispering Winds. Also remember to pack clothing that complies with the dress standard. And be aware that cotton takes a lot longer to dry than synthetic clothing.

Required Gear:

Bible and writing utensil and notebook

Bedding (sleeping bag, blanket, etc. something light and warm)

Water bottle (enough for about 2 liters)

Toiletries (tooth brush and paste, deodorant etc.)

Flashlight and or headlamp

Personal medications

Clothes for hiking (comfortable moisture wicking recommended)

Clothes for sleeping in

Good shoes for hiking in

Good socks (recommend 3 pair)

Shoes for crossing water (We could have some small streams that will need to be crossed.)

Jacket or long sleeve shirt (evenings may be cool)

Rain gear

Recommended Gear:

Clothes for driving home in (showers will be available once we return to camp)

Bandana

Insect repellent

Trash bag for keeping sleeping gear dry in your pack

Knife/multi-tool

Batteries for head lamp or flashlight

Glasses or contacts (if you need or want to bring them)

Lightweight pants (again cooler evenings)

Sunglasses

Hat

Optional Gear: (only take a couple or very small amounts)

Duct Tape (it fixes a lot of things)

Waterproof camera

Backpacking camp chair

Hammock & tarp

Small pillow (or go without or use bundled up clothes)

Small zip lock bags for organizing gear

Watch

Compass

Para cord/string

Lip balm

Whistle

Snacks

TP/wet wipes

Gear we provide or you are welcome to use your own:

Backpack

Sleeping pad

Tent

Water filter

Stove

Cup

Cookware

Spoon and or fork

Trail bathroom kit (tp, trash bag, shovel)

Please Do NOT Bring:

Fireworks

Personal electronic devices (games, audio equipment) Cell phone as a camera is ok

Firearms

Unbecoming language

Alcohol

Tobacco

Illegal drugs